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### Farm and Home

Helen M. Gloster

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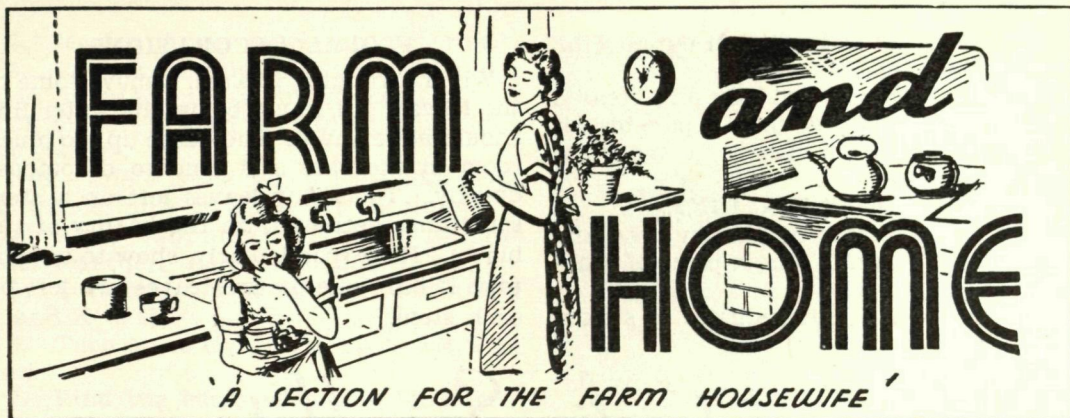
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## Fish Pie

By HELEN M. GLOSTER

**YOU** will find this an excellent dish if you are short of meat. It may be used as the main course for lunch or dinner, and is also suitable for serving as a hot dish at a buffet dinner or supper.

### Ingredients.

- 1 large tin West Australian salmon.
- $\frac{1}{2}$  teaspoon salt and pepper to taste.
- $\frac{1}{4}$  teaspoon cayenne pepper or paprika.
- $\frac{1}{4}$  teaspoon mace.
- $\frac{1}{2}$  grated lemon rind.
- 1 teaspoon lemon juice.
- 1 tablespoon chopped parsley.
- 1 tablespoon butter (for top of pie).
- $1\frac{1}{2}$  tablespoon butter (for sauce).
- 2 tablespoons plain flour or cornflour.
- 4 tablespoons grated cheese.
- 1 pint liquid (milk plus liquid from salmon).
- 1 lb. cooked mashed potatoes.
- Some dry breadcrumbs.

### Method.

1. Cook and mash the potatoes.
2. Melt the butter (for sauce), add flour, stir until smooth.
3. Cook for several minutes until mixture has the appearance of honey comb.
4. Remove from fire and add liquid gradually.
5. Stir over the fire until mixture thickens and boils. Boil for three minutes.
6. Remove from fire and add seasonings, grated lemon rind and juice, parsley and salmon (well mashed and broken up into small pieces).
7. Add most of the grated cheese, mix well.

8. Place in a well-greased tin and cover with a layer of mashed potatoes.

9. Put knobs of butter on top then sprinkle with grated cheese and dry bread-crumbs.

10. Bake in a moderate oven until well heated and browned on top.

11. Serve hot.

N.B.—A  $7\frac{1}{2}$  in. square aluminium cake-tin is a suitably sized container for this quantity.

### CHERRY BISCUITS

#### Ingredients.

- $\frac{1}{4}$  lb. butter or margarine.
- 2 oz. castor sugar.
- 1 egg.
- $\frac{1}{4}$  lb. plain flour.
- $\frac{1}{4}$  lb. self raising flour.
- 2 oz. crystallised cherries.
- 1 oz. blanched almonds.

#### Method.

1. Cream the butter and sugar.
2. Add well-beaten egg, beat until light and creamy.
3. Gradually stir in flour and when very stiff turn on to a board and knead together.
4. Roll out the dough.
5. Sprinkle with finely chopped cherries and almonds.
6. Fold the dough in two and roll out.



8. Cut into rounds and bake on a greased paper on a baking slide until a pale biscuit colour (about 10 minutes in a moderate oven).

Save short lengths of garden hose and thread with a slightly longer piece of fencing wire.

Use these when fixing shrubs to stakes.

When arranging flowers, remove some of the leaves. All leaves below the water line should be removed. They take up too much room in the vase and tend to decompose quickly. Too many leaves left on a stem sometimes detract from the beauty of the bloom. Roses particularly, show to advantage if only one or two leaves are left on each stem.

**N**EXT summer when you are making cotton frocks for the beach or informal outdoor wear, buy an extra half-yard of material and make this simple and useful coolie sun-hat.

The hat could be made of floral material and lined with a plain coloured material to match.

$\frac{1}{2}$  yard floral washing cotton material.  
 $\frac{1}{2}$  yard plain matching cotton material.  
 $\frac{1}{2}$  yard stiffening (lantor, leno, sparterie  
 or book muslin).  
 2 yards bias binding.  
 1 $\frac{1}{2}$  yards circular cord.

1 press stud.

Brown paper.

Sewing cotton.

N.B.—A width of material 36 in. wide will make two hats.

1. Take a piece of paper measuring 17 in. x 14½ in., fold into four and mark out according to the diagram.





2. Mark out the curve for the brim.
3. Cut out two pieces of material and a layer of interlining from the pattern. If book muslin is used, you will require four thicknesses.

N.B.—The V is the only place where extra allowance must be made for turnings.

4. Place two pieces of material right sides together, then the stiffening on top.

5. Tack and sew along the V line (G to K and K to H).

6. Turn on to right side, press flat with iron.

7. Bind the edges with bias binding.

8. Insert or work two eyelets  $2\frac{1}{4}$  in. from centre point and just below the centre line.

N.B.—Shoe eyelets may be put on at any bootmakers.

9. Sew on press stud by G and H points.

10. Thread with cord for tying under the chin.



## Shopping Bag in Coloured String

**T**HIS attractive and useful shopping bag was crocheted in coloured string using red, green, yellow and blue with nigger brown as the background colour.

Materials required are 11 1-ounce balls of string or macrame (eight balls of bright and three balls of nigger brown); two 14-inch lengths of steel tape as used on packing cases, or two corset steels of similar length; a No. 11 or No. 12 aero crochet hook.

### METHOD

Cast on in red with 91 chain.

*First Row:* Double crochet into each chain (91 stitches).

*Second Row:* (a) One treble into each of five chain; three treble into next chain; one treble into each of next five chain; two chain (b).

Repeat from (a) to (b) finishing the row with a 5-3-5 pattern.

Turn each row with two chain to form the first treble.

*Third Row:* Change to green and continue pattern as in second row, making sure that the three treble in the one stitch is made in the centre of the three treble in the previous row.

*Fourth Row:* Change to yellow and continue pattern as in third row.

*Fifth Row:* Change to blue and continue pattern.

*Sixth Row:* Change to nigger brown and continue pattern.

Repeat from (a) until 25 patterns have been completed, ending with nigger brown.

*Twenty-seventh Row:* Work the row in treble using nigger brown.

*Twenty-eighth Row:* Work 33 treble using nigger brown, make 30 chain stitches for the handle, miss 25 treble of the previous row, then treble to the end of the row (33 treble).

*Twenty-ninth Row:* Turn and work 33 treble, then one treble into each chain stitch (30 treble) then 33 treble to end of row.

*Thirtieth Row:* Work 96 treble to end of row.

*Thirty-first Row:* Work same as thirtieth row.

*Thirty-second Row:* Work same as thirtieth row.

*Thirty-third Row:* Work 33 treble, cast off 30 treble, then continue 33 treble to end of row.





*Finishing Off Below Handle:* With a new nigger brown thread, make 25 treble into each of the cast off treble stitches on the bag. Repeat the row until four rows have been completed.

*Thirty-fourth and Thirty-fifth Rows:* Go back to the end of the bag and work two more rows (33 treble, 25 treble across the filled-in portion below the handle, 33 treble to end of row). Leave a thread for sewing up the bag.

Work a second side for the bag in exactly the same way.

#### **Ends and Base.**

Using nigger brown string, commence at the end of the 27th row on one side and

work 54 treble down the side, 91 treble across the base and 54 treble up the other side.

Repeat this row four times and join the remaining piece to bag with chain stitch.

#### **To Sew Up.**

Take one handle and top-sew edges together. Fold the nigger brown section at top of bag in two and sew together to form a casing for the 14-inch length of steel tape. Insert the steel and turn the ends over with pliers, then sew up the ends of the casing so that the tape cannot slip out. Repeat on the other side of the bag.

If so desired, a zipp may be inserted at the top of the bag, but this is not essential.

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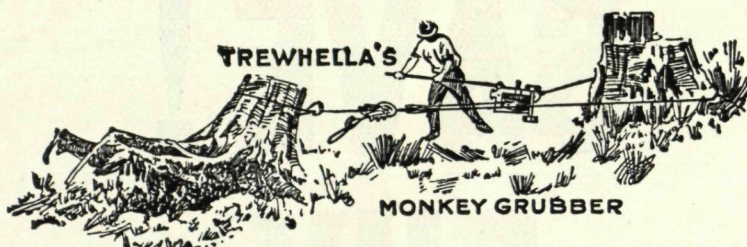
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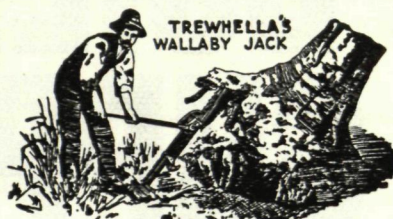
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